



City of
ALACHUA

THE GOOD LIFE COMMUNITY

**Senior Resources Advisory Board
Minutes
June 15, 2022**

Chair John E. Brown
Vice Chair Sandra Varnell
Member Susan Sloan
Member Ella Thomas
Member Vida May Waters

City Manager Mike DaRoza

**Senior Resources Advisory Board
At 5:00 PM**

Meeting Date: June 15, 2022

Meeting Location: James A Lewis Commission Chambers

15100 NW 142 Ave.

Notice given pursuant to Section 286.0105, Florida Statutes. In order to appeal any decision made at this meeting, you will need a verbatim record of the proceedings. It will be your responsibility to ensure such a record is made.

SENIOR RESOURCES ADVISORY BOARD MEETING AGENDA

CALL TO ORDER

Led by Chair John E. Brown.

INVOCATION

Led by Staff Liaison Mike DaRoza.

PLEDGE TO THE FLAG

Led by Chair Brown, with Member Susan Sloan and Sandra Varnell absent.

APPROVAL OF THE AGENDA

Chair Brown asked Members to review the agenda and make recommendations.

Member Vida May Waters moved to approve the agenda; seconded by Member Ella Thomas.

Passed by unanimous consent.

I. OLD BUSINESS

Staff Liaison DaRoza provided an update on the Seniors' Survey. He stated all the recommended corrections and updates from the SRAB were made to the survey, and it had already been placed in some locations throughout the city.

Chair Brown stated he would like to pass out the surveys at Turkey Creek.

II. NEW BUSINESS

A. March 15, 2022, Senior Resources Advisory Board Minutes

Chair Brown asked Members to review the minutes and make recommendations.

Member Waters moved to approve the March 15, 2022, Senior Resources Advisory Board minutes; seconded by Member Thomas.

Passed by unanimous consent.

Member Sloan joined the meeting.

B. Nursing Students Health and Wellness Project

Chair Brown stated he met with the Nursing Students a few weeks before the meeting to help provide input with the project, and welcomed them to the podium.

Chanyoung Yun and Whitney Wilson, Nursing Students from the University of Florida, presented the item and stated falling was the biggest concern for seniors by the Fire Department. Ms. Yun stated they would like to focus on educating seniors about fall prevention by way of a checklist: removing clutter, having brighter lighting in the daytime, a nightlight in the evening, etc. She suggested showing videos for exercises to strengthen muscles to prevent falls. She also suggested they could come to any scheduled event to make their fall safety presentation, as it would only take approximately 20 minutes.

Discussion between the students and the Board ensued concerning the project details and making sure the deadline of July 15, 2022, was met.

C. Art Class for Seniors

Deputy City Clerk LeAnne Williams introduced the item, and informed the Board the class had been cancelled.

Chair Brown asked when the class was to start.

Deputy City Clerk Williams stated Good News Art had reached out to Recreation and Culture Director Elliot Harris to collaborate in working with the Senior's, and Recreation and Culture Director Harris stated it was cancelled due to lack of interest.

Staff Liaison DaRoza stated he would confer with Recreation and Culture Director Harris for more details.

Discussion ensued regarding communicating to the citizens events happening at the City.

Suggestions: community posting boards, Closed Circuit TV for the City, Utility Billing, on-line, news ads, radio community calendars, William Thomas Funeral Home, media PSA, billboards, signs, handing out fliers, Legacy Park flier station, Hathcock Center, doctors' offices, and the Post Office.

III. BOARD COMMENTS/DISCUSSION

Chair Brown opened the floor for comments.

There were no comments.

IV. CITIZENS COMMENTS

Ms. Yun asked if there was going to be Bingo on July 4th, as mentioned in the last minutes.

Staff Liaison DaRoza stated it had been suspended due to COVID, and City Staff was working on possibly getting it back into the programming for 2023.

Chair Brown stated he volunteers for Faith in Florida, and they would be doing a Juneteenth event on June 18, 2022, at Paradise Outreach Community Center. and all citizens were invited.

ADJOURN

Member Sloan moved to adjourn; seconded by Member Thomas.

Passed by unanimous consent.

ATTEST:

SENIOR RESOURCES ADVISORY BOARD
OF THE CITY OF ALACHUA, FLORIDA



Presiding Officer



Staff Liaison