

Chair John E. Brown
Member Karen Reed
Member James Curington
Member Allen Jones
Member Tom Hubbard

City Manager Mike DaRoza

The Senior Resources Advisory Board will conduct a
Senior Resources Advisory Board Meeting
At 4:30 PM

to address the item(s) below.

Meeting Date: September 3, 2024

Meeting Location: James A. Lewis City Commission Chambers
15100 NW 142 Terrace
Alachua, Fl. 32615

Senior Resources Advisory Board Meeting

Notice given pursuant to Section 286.0105, Florida Statutes. In order to appeal any decision made at this meeting, you will need a verbatim record of the proceedings. It will be your responsibility to ensure such a record is made.

CALL TO ORDER

INVOCATION

PLEDGE TO THE FLAG

APPROVAL OF THE AGENDA

I. OLD BUSINESS

A) PROGRAMS FOR PERSONAL SAFETY AWARENESS- TO BE HELD AT A SENIOR RESOURCE ADVISORY BOARD MEETING OR AT A PLANNED COMMUNITY EVENT ESPECIALLY FOR OUR SENIOR CITIZENS.

B) HEALTH AND FITNESS

II. NEW BUSINESS

A) APPROVE MEETING MINUTES

i. MINUTES FOR THE JUNE 4, 2024, MEETING

B) ELDER OPTIONS SENIOR EVENT IS TO BE HELD AT LEGACY PARK
MULTIPURPOSE CENTER ON OCTOBER 14TH AND 15TH.

III. BOARD COMMENTS/DISCUSSION

IV. CITIZENS COMMENTS

ADJOURN



Commission Agenda Item

MEETING DATE: September 3, 2024

SUBJECT: Programs for Personal Safety Awareness- to be held at a Senior Resource Advisory Board Meeting or at a planned community event especially for our Senior Citizens.

PREPARED BY: Stephanie McDonald

RECOMMENDED ACTION:

Discuss and make recommendations.

Summary

For the board to discuss and advise where they would like a Safety Awareness Program to be held so that Recreation and Culture Department staff can plan, organize and promote the event.

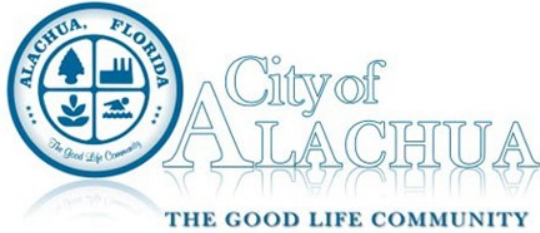
FINANCIAL IMPACT

ADDITIONAL FINANCIAL INFORMATION

COMMISSION GOALS

ATTACHMENTS

None



Commission Agenda Item

MEETING DATE: September 3, 2024

SUBJECT: Health and Fitness

PREPARED BY: Stephanie McDonald

RECOMMENDED ACTION:

Receive the presentation.

Summary

We are going to have a representative of Infinite Wellness speak with our seniors to talk about fitness and possibly do a short class. We would like the Board to discuss and recommend if this should take place at a board meeting or if they would prefer another venue and time so that the Recreation and Culture staff can plan, organize and promote the event for our Seniors.

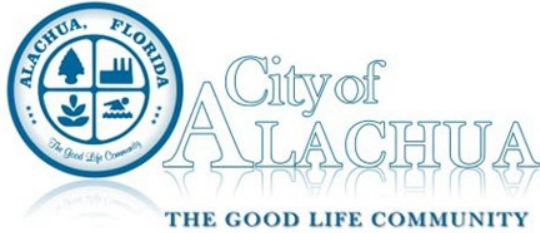
FINANCIAL IMPACT

ADDITIONAL FINANCIAL INFORMATION

COMMISSION GOALS

ATTACHMENTS

None



Commission Agenda Item

MEETING DATE: September 3, 2024

SUBJECT: Minutes for the June 4, 2024, meeting

PREPARED BY: Stephanie McDonald

RECOMMENDED ACTION:

Approved the Minutes for the June 4, 2024, meeting

Summary

Minutes for the June 4, 2024, meeting

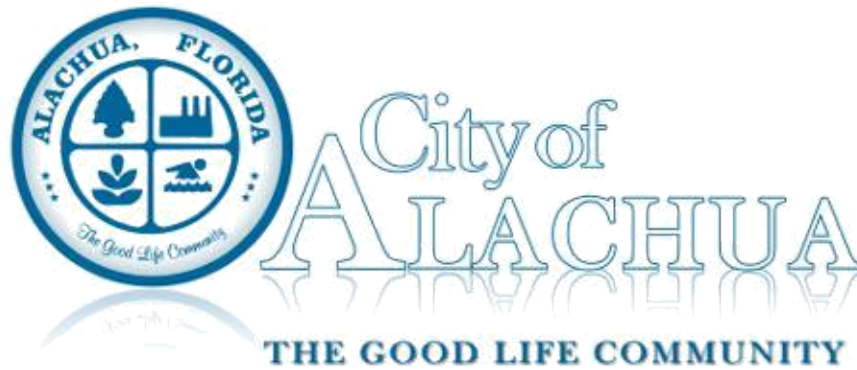
FINANCIAL IMPACT

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ATTACHMENTS

1. June 4 2024, Minutes



Senior Resources Advisory Board

Minutes

June 4, 2024

Chair John E. Brown

City Manager Mike DaRoza

Member Karen Reed

Member James Curington

Member Allen Jones

Member Tom Hubbard

Senior Resources Advisory Board

At 4:30 PM

Meeting Date: June 4, 2024

Meeting Location: James A Lewis Commission Chambers

15100 NW 142 Ter.



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SENIOR RESOURCES ADVISORY BOARD MEETING AGENDA

CALL TO ORDER

John E. Brown, Chair

Karen Reed, Member-Absent

INVOCATION

Allen Jones, Member

PLEDGE TO THE FLAG

APPROVAL OF THE AGENDA

Board Member, James Curington moved to approve the agenda for the July 4, 2024 meeting; seconded by Board Member, Tom Hubbard.

Passed by unanimous consent.

I. OLD BUSINESS

Board Member, James Curington moved to bring representatives from the police department and the fire department to give presentations regarding health and safety programs for seniors in order to not lose site of some of the items that the Advisory Board has been working on; seconded by Board Member, Allen Jones.

Passed by unanimous consent.

II. NEW BUSINESS

Board Member, Tom Hubbard moved to approve the Committee Minutes for March 3, 2024, seconded by Board Member, Allen Jones.

Passed by unanimous consent.

III. BOARD

COMMENTS/DISCUSSION

V. CITIZENS COMMENTS

City Commissioner, Shirley Green Brown thanked the board, noted the change in dynamics on the board and wished all fathers on the board a happy Father’s Day.

ADJOURN

Board Member Allen Jones, moved to adjourn; seconded by James Curington.

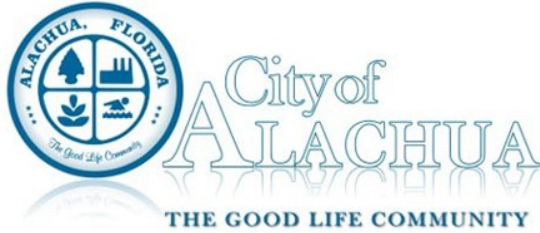
ATTEST:

SENIOR RESOURCES ADVISORY BOARD
OF THE CITY OF ALACHUA, FLORIDA

—

Presiding Officer

Staff Liaison



Commission Agenda Item

MEETING DATE: September 3, 2024

SUBJECT: Elder Options Senior Event is to be held at Legacy Park Multipurpose Center on October 14th and 15th.

PREPARED BY: Stephanie McDonald

RECOMMENDED ACTION:

Receive the presentation

Summary

FINANCIAL IMPACT

ADDITIONAL FINANCIAL INFORMATION

COMMISSION GOALS

ATTACHMENTS

None